

Snow Sports NZ (SSNZ) Performance Physiotherapist - Position Description

Title	SSNZ Performance Physiotherapist
Reports to	SSNZ Medical Director / SSNZ POC Physio
Team	Performance Health/ Athlete Performance Support
Location	SSNZ high performance camps and competitions within NZ, and northern hemisphere.

This is an ad hoc physiotherapy short term contract designed with the purpose of:

- Gaining exposure to our high-performance program through spending time in the daily performance environment, and within the high-performance team, developing confidence and skills as a performance physiotherapist.
- Contribute to the delivery of high quality and effective physiotherapy provision to elite athletes.
- Key elements of the role include mitigating risk of injury, managing injuries and optimising rehabilitation systems in a performance focussed environment.

As a SSNZ Performance Physiotherapist, you will:

Clinical responsibilities:

- Deliver effective physiotherapeutic interventions for injured athletes.
- Facilitate getting the athlete access to appropriate primary care and first aid required following acute injury, in collaboration with Sport Medicine Doctors and other support staff.
- Facilitate timely rehabilitation, recovery and management plans to support athletes' return to optimal performance following injury.
- Monitor and adjust recovery and injury management plans to ensure optimal outcomes and minimise the risk of recurrence or subsequent injuries.
- Enhance the probability of achieving world-class performance for athletes.
- Contribute to performance-focussed outcomes, specific to the individual and aligned and agreed on with coaching support.
- Complete debriefs and provide detailed handovers.
- Help implement travel and illness prevention plans.

Collaboration and Communication:

- Be team player, adapting to plan changes and manage travel logistics effectively.
- Collaborate closely, and communicate effectively with Sports Medicine Doctors and other support staff to ensure comprehensive care and a multi-disciplinary approach.
- Ensure effective communication channels to SSNZ Performance Health team, Pathways managers, coaches and administrative support.
- Maintain comprehensive electronic medical records and, respecting individual athlete confidentiality, share appropriate levels of information with performance staff in a timely manner at all times.
- Adhere to the professional standards and guidelines of the Physiotherapy board Professional Code of Conduct and the HPSNZ code of conduct.
- Contribute to a robust national and international network of physiotherapy and sports medicine professionals, encouraging regular collaboration and information sharing.

Additional Information:

Snow Sports New Zealand (SSNZ) is a National Sporting Organisation supporting athletes in alpine, para alpine, and ski or snowboard park & pipe disciplines. If you would like further information on this role or the organisation, please email your questions to info@snowsports.co.nz.